

And so the begins... *Adventure*

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Wanderlust: Why Travel?

By Brittany Cline

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Wanderlust is an idea, almost like a state of mind that encourages travel of all kinds. It's an idea that is almost a yearn to discover new land; to dream about walking cobblestone roads and seeing the way the sun shines on the other side of the world. Traveling is a shot of adrenaline, making you feel alive and speaking from my own experiences, road tripping is one of my most favorite things to do because it's invigorating, refreshing, and revitalizing to have the freedom of driving on the open road; having the ability to go anywhere with just some clothes, an atlas, and most importantly, your friends with you, along for the ride.

I remember a trip I took with my cousin to Tennessee. We left early on a Sunday morning. The sun was just about to rise and the grass was dewy with a sweet summer glow. We had just finished packing our bags into the trunk of the car before starting it and heading south for a week. For me, what's fun about vacationing is more so the journey and not as much the destination. I know it's cliché, but it's true; the journey to Tennessee that summer was full of singing off key to cheesy pop songs, quick gas station stops for snacks and water, and being free with the windows down, without a single care in the world.

Sometimes though, I more enjoy traveling solo. This past June, I planned to drive up to Cleveland by myself to stay with my cousins for a long weekend. That evening, when I arrived, they surprised me by taking me to my favorite place, Lake Erie. There is something so enticing about the vastness of the lake as the sun sets behind it. The realization of God's creation and how blessed we are to be living in such an incredible world.

Traveling alone can be daunting, but in the end, rewarding because you end



Kaitlin, my cousin, admiring Lake Erie as the sun sets. Photo by Brittany Cline.

up discovering things about yourself you may have never known. You begin to enjoy your own company, as strange as it sounds. Driving to me is singing off-key, at the top of my lungs because there is no one beside me to impress, while admiring the world outside my window on either side.

Traveling is almost like a rite of passage that gives a sense of what the real world is like; how beautiful and vast the world is. It's enriching and you can learn so much by being among humans from other places, countries, and cultures. The intense urge to travel, even more than wanderlust, is known as *fernweh*.

I simply want to travel and become more worldly as I venture into my twenties because it's important to have knowledge, to adventure, to get lost in nature, to make memories that will last a lifetime. Life is too short to stay in one place, so whenever possible, you should take the opportunity to explore, even if it means staying in your hometown. I could set my soul free through seeing the world, independently. Exploring involves big dreams and even bigger plans to conquer those aspirations. It doesn't matter how long it takes, as long as you end up somewhere beautiful. So why not save money, take chances, and anticipate the most adventurous days to come.

What's In My Bag? Top 10 Traveling Essentials

By Brittany Cline

1. Earphones
(because the plane is loud)
2. Chapstick
(because the air is dry in the plane and in the airport)
3. Water
(so you stay hydrated on your adventure!!)
4. Gum
(so your breath stays fresh on long travel days)
5. Makeup Wipes
(because who wants clogged pores?)
6. Book/Magazine
(so you don't get bored on long plane rides)
7. Phone Charger
(so your phone doesn't die and your left staring at nothing)
8. Camera
(so you can take photos of all the pretty places you go!)
9. Sweatshirt
(because it's always cold on the plane)
10. A snack for the plane
(so you're not hungry)



Santa Monica Pier. Photo by Brittany Cline.



The city, captured at midnight. Photo by Brittany Cline.



The Grove, an outdoor shopping mall in Beverly Hills. Photo by Brittany Cline.

Los Angeles in 2 Days

How I Managed to Take on The City of Angels in 2 Days

By Brittany Cline

[Los Angeles](#) is by far one of the coolest cities. The first and only time I went there was this past May with my aunt, mom, and nana. There are so many things to do there, but with only two days, we had a little trouble fitting in all of the things we wanted to.

We didn't do many "touristy" things while we were there because my aunt is friends with a lot of rad people that we spent our time with instead, which I suppose could be considered a touristy thing; to meet celebrities.

We got there around midnight on Wednesday, May 2nd, and the view from the hotel balcony was breathtaking. The lights from every building in every suburb of Los Angeles twinkled. It was an incredible sight to see.

The next morning, we ventured out into the city, specifically Burbank, where we toured the Disney studios and got to talk to the voice of Dr. Doofenshmirtz from the cartoon *Phineas and Ferb*, Dan Povenmire.

I am really interested in working in the screen-writing field and talking to him about what he does, not only as a voice actor in the show, but also as the creator

of the cartoon itself was really influential. To be able to see what I could do at some point in my career and to see the studios where these people go everyday to use their imagination as a career is moving and I envy their work. It definitely was an incredible experience. Dan also told me if I ever decide to move to LA, he would help me the best he can with a starting job.

That evening, we ventured over to Santa Monica where we ate at a seafood restaurant called "The Lobster". It was surrounded by an entire glass wall, overlooking the Pacific Ocean and the bridge to the pier. I would highly recommend eating at this restaurant mainly for the view it provides as you dine on exquisite seafood fresh from the ocean you are a mere 20 feet from.

After dinner, we headed down to the pier. As you enter, there is a large, iconic, neon-lettered sign, as pictured above. The pier is home to Pacific Park, which is essentially a mini amusement park at the end of the pier. It also has fun games, arcades, a ferris wheel, and restaurants.

The following day, we went shopping at The Grove, which is an outdoor mall on the outskirts of Beverly Hills. There are so many stores in this shopping venue, from

high end brands, to more mainstream brands like The Gap. There is also a farmers market at the end of the Grove that has vendors selling anything from clothing to food. It really is a cool experience. Later that day, we were exhausted and felt like doing more "LA local" things, so we walked down the streets of Beverly Hills to Ralph's, which, for us east-coasters, is basically Kroger. We bought a few things and headed back to our hotel where we sat on the balcony to watch the sunset behind the city, ending our two day trip.

Overall, we didn't do many "typical" tourist things when visiting, mainly because my aunt was a local there for over a decade before moving to Australia, thus she knew her way around the city.

My aunt always says that LA isn't really a city, as much as it's its own little world. There's so much to see that it's hard to do it all in a short amount of time.

The atmosphere there is very different from anywhere I had traveled before. It is very business-oriented and the people there are very driven by their work as well as living this "lifestyle" that people always talk about. It was sort of a breath of fresh air to see people so passionate about what they do and their career paths because that is how I hope to be one day.

Road Trip Playlist

By Brittany Cline

Here is a list of 40 songs that are my favorite to listen to when I'm on roadtrips or long flights.

These songs are upbeat, fun, and my favorite to sing along to with my friends in my car on those long trips cross-country, or even to calm your nerves on those extensive plane rides.

These songs have the ability to distract you from the long hours in the car and are just simple, happy songs.

I purposefully added lighthearted songs on this list because they have no heavy meaning or attachment to them and you can just be carefree as you listen to them.

I hope these tunes can [soundtrack](#) many adventurous, wanderlust-seeking memories for my readers as they did for me.

1. Daylight by Matt and Kim
2. Let Me Go by Hailee Steinfeld
3. Sour Patch Kids by Bryce Vine
4. Girls Like You by The Naked and Famous

5. Sweet Louise by The Belle Brigade
6. Splendidly by HARBOUR
7. Television by Rex Orange County
8. Passenger by Noah Kahan
9. Anywhere by Passenger
10. Have You Ever Seen The Rain by Rod Stewart

Rod Stewart

11. Honey, Honey by The cast of Mamma Mia

12. Repeat by Young The Giant
13. Kamikaze by MO
14. Don't You Forget About Me by Simple Minds
15. I Like Me Better by Lauv
16. Man on the Moon by Zella Day
17. I Know It's You by Guards
18. Punching In A Dream by The Naked And Famous
19. Africa by Toto
20. I Melt With You by Modern English
21. Ride or Die by The Knocks
22. Everybody Wants To Rule the World by Tears for Fears
23. Heaven Falls by Surfaces
24. Hannah Hunt by Vampire Weekend
25. Sedona by Houndmouth
26. Better Not by Louis The Child
27. Parking Brake by Dan + Shay
28. Ends of the Earth by Lord Huron
29. Love Me Not by Whitney Woerz
30. Can You Tell by Ra Ra Riot
31. Tongue Tied by Grouplove
32. Take a Walk by Passion Pit
33. It's Strange by Louis The Child
34. Your Shirt by Chelsea Cutler
35. Dreaming by Smallpools
36. Saturday Sun by Vance Joy
37. Celeste by Ezra Vine
38. Home by Edward Sharpe & the Magnetic Zeros
39. In The Middle by Dodie
40. Heart on Fire by Jonathan Clay

Techniques For Packing a Carry-On

By Brittany Cline

There has been a long-running debate between taking just a carry-on on flights to avoid having to pay the \$25 to check a bag and taking both a suitcase and a carry-on, dealing with the extra fee.

I think if it's a plausible idea to fit everything in a carry on, to only take the carry on. Plus, if you go with this ideology, you forego the fee as well as the possibility of the airline losing your luggage when you arrive.

It is understandable, though, why some people would not be able to fathom fitting all of their things into a carry on for a trip exceeding four days. However, with just a few easy tips and tricks, you can save yourself a multitude of cash in this scenario.

In my own experiences, as well as from tips I have learned through the years by watching countless youtube videos teaching you how to pack a suitcase/a carry on, there are a few major takeaways that I have utilized in the past for fitting

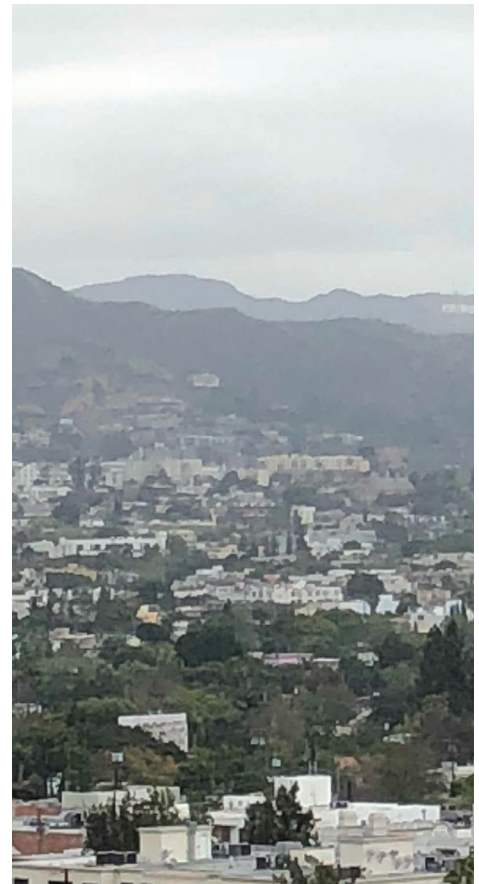
all of your clothing and other items into a carry-on.

My mother is, quite literally, the queen of packing. When my sister and I were growing up, she would always have us lay out all the clothing we wanted to bring along with our toiletries, pillows/blankets, and you can't forget about the stuffies!

She somehow would fit it all in the tiniest duffel bags with little complications and I always wondered how she was able to do it. It took me ten years to learn, and master, her tricks, as well as the tips and tutorials of girls that I followed on youtube to be able to compile them into a concise, step by step for myself, and to share with the readers.

One major idea I have learned over the years is to roll your clothing. This simple fix never occurred to me through all the years of packing and traveling. Though it may sound strange, it is the best way to save the most room in your carry on. Essentially what you'll do is take a t-shirt, fold it in half so one sleeve is on top of the other and roll it. It is as simple as that and creates so much space!

Another trick, which is kind of a



View of the Hollywood sign in the distance. Photo by Brittany Cline.

more specific, OCD form of the previous one is to put together an entire outfit and place the pants down first, folded in half, leg over leg, and the t-shirt flat, on top, rolling from the bottom to top so they are bundled together. Once the outfit is rolled completely, you take a pair of socks, if you're bringing them, and put one on either side of the roll. An entire outfit that will only take up 10 inches of space in your bag.

One lifesaving technique that I learned from youtuber, [Jeanine Amapola](#), is to use packing cubes. I had never heard of them before watching her video, but they basically are soft containers that are conformable to any space. You can actually purchase a small set from Target for \$13. Essentially, they come with one rectangular mesh bag and two smaller square, mesh bags to fit inside the larger one. These come in handy when you are packing toiletries and makeup essentials because all of the items can simply fit inside these bags and put in the corner of the carry on.

One major reason I have found this to be easiest is because if you love traveling as much as I do, you learn to pack less stuff, 1. to cut costs where I can and 2. to enjoy the trip more as a minimalist and you are able to take in and explore places more at ease this way.

How To: Surviving 5+ Hour Long Flights

By Madison Frey

Have you ever dreaded a long flight? I'm talking about the overwhelmingly exhausting overseas and over states flights. For some people, the dread is real. However, I'm the type of person that finds excitement in every part of the traveling process. I love packing, I love the crowded airports, the taking off and landing, the unpacking, and sightseeing new places. It is insanely exciting to be soaring in the sky. The airport is my favorite place because it brings people from all around the world together. The boarding and flying process can be a little overwhelming so here are some tips to help improve your time in the sky.

Always, always stay hydrated. I could'nt emphasize this enough. It is extremely important that you consume at least eight glasses of water, but you should continue to drink water throughout your flight. It is very easy to get dehydrated due to a lack of humidity in the cabin. For those of you who drink coffee it is good to remember the 1:1 rule. For every cup of coffee consumed you should be drinking one glass of water.

Pack light. Pack less. Pack only what you need. It is much easier to bring a carry on than a bag that needs checked. Bring-



Views from the plane as we flew over Los Angeles. Photo by Brittany Cline.

ing a carry on will save money and make your overall anxiety about your flight be dramatically reduced.

Wear comfortable clothes. Wear your favorite cozy outfit for extra comfort! Also, if you are going somewhere where it is a little chilly and you are bringing a coat, scarves, or a jacket, wear those on the plane so you can save room in your carry

on as well as keeping you warm and comfy.

Rest. Make sure you are catching some z's so you can begin your day at your destination. If you do not sleep well on planes, meditation is another option. At the top of every hour, close your eyes for five to ten minutes and let your thoughts pace by like clouds.

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